

Moray's Commitment to Care-Experienced Children and Young People

This Commitment has been designed by young people, for young people.

Nothing about me, without me

Helping us keep up important relationships

We should be able to grow up knowing our relationships matter and that we don't have to let go of the people who care.

Lots of us want to stay connected to the people who matter – like our brothers and sisters, or trusted adults who've been there for us.

Being listened to and involved in decisions about our lives, like relationships, is important. We told adults why it matters, what gets in the way and what would make a difference.

They have made some commitments – or agreements – to do something about it.

This is part of 'Keeping The Promise' to care experienced children and young people, so we grow up loved, safe and respected.

Commitment 1

We said: "We want to keep up relationships with our brothers and sisters."

Adults will: Help us understand our rights using tools like the 'Know Your Rights' pack from Who Cares? Scotland, and support us to keep up those connections.

Commitment 2

We said: "We want to stay in touch with the adults who are important to us."

Adults will: Support us and people who have been a big part of our lives to understand what's involved so we can both decide if it's right for us.

Commitment 3

We said: "We want to be at the centre of planning for our future."

Adults will: Get the support we need from the Throughcare and Aftercare Team to work through 'My Future, My Plan' so we feel ready to move on to independent living.

Commitment 4

We said: "We don't want to feel forgotten."

Adults will: Encourage adults who've supported us to keep in touch, so we feel remembered, cared for, and valued.

Commitment 5

We said: "We need something clear to help us know what to expect when keeping in touch with people who care."

Adults will: Give us a simple checklist we can work through to make it easier to talk about what we're going to do and when.